

Blaby Children and Young People's Support Service

A service for children and young people living or attending school in Blaby District who have been affected by domestic abuse, substance abuse, anti-social behaviour or who are experiencing low level stress / anxiety

- 😊 Free confidential support/advice service for 5 to 18 years old
- 😊 Sessions available during term time and the school holidays
- 😊 One-to-one sessions
- 😊 Feeling safe
- 😊 Healing Together programme





The Children's Support Service
offers emotional support in a safe
confidential space for children and young
people aged 5-18 years old.

The Role of the Children's Support worker is:

- Face to face support for children aged 5 to 18 years old
- Feeling Safe Groups
- Listen and understand the child's perspective
- Be an advocate and help be their voice
- Emotional wellbeing
- Self-worth, self-esteem and confidence
- Understand negative and positive behaviour
- Coping mechanisms and strategies
- Work with the parent to put plans in place
- Multi agency working to maximise support for family
- Healing Together Programme

If you are a parent or a professional and want to make a referral, please go to the website page: www.blaby.gov.uk/childrens-support



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**For more information please contact a
Children's Support Worker on 0116 2727734**

